Superior
Series

English Learning

Preparator 2 First Term 2026

- Vocabulary
- Expressions
- Grammar
- Exercises

facebook / Abdelbary Ali

Prepared by:
Mr/ Abdelbary Ali
01145495338
01033298299

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

UNIT 1

Gen Alpha

Lessons 1 & 2

Meet Gen Alpha – Gen Alpha's Digital life .

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
Gen Alpha	الجيل ألفا	emojis	الرموز التعبيرية	represents	يمثل
generation	الجيل	creative	الإبداعية	identity	هوية
digital natives	المواطنون الرقميون	trends	ترند	artificial	اصطناعي
social media	وسائل التواصل	balance	التوازن	intelligence	ذكاء
Interviewer	المُحاور	environment	البيئة	experiences	خبرات

Extra Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
communicate	التواصل	relationship	علاقة	digital	رقمي
technology	التكنولوجيا	worldwide	عالمية	education	تعليم
discovering	الاكتشاف	communication	اتصالات	exactly	بالضبط
encouraging	الأنشطة	adaptive	تكيف	powerful	قوي
activities	التشجيعية	limit	حدود	global	عالم
real-life	المنصات	smart phone	هاتف ذكي	represent	يمثل
platforms	الواقعية	coding	برمجة	affect	يؤثر
guide	مرشد - دليل	wonder	يتعجب	rarely	نادر
worldwide	عالميًا	habit	عادة	community	مجتمع

Conjugation of Verbs:

Verb	meaning	past	Past participle
spread	ينتشر	spread	spread
spend	يقضي	spent	spent
send	يرسل	sent	sent
grow up	يكبر	grew up	grown up

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
native	اصلى/محلى	original	stranger	غريب/اجنبى
latest	أحدث	newest	oldest/ earliest	أقدم
limit	يحدد/ يقلل	control	increase	يزود
create	ينشئ	invent	destroy	يدمر
encourage	يشجع	support	discourage	يثبط
positive	إيجابي	good	negative	سلبي

Prefixes & Suffixes

Suffixes	الوظيفة	example	meaning
dis-	تعطي العكس	discover	يكتشف
-ful	تحول الاسم إلى صفة	powerful	قوة
-al	تحول الاسم إلى صفة	digital	رقمي
-ing	تحول الفعل إلى اسم	feeling	شعور
-ive	تحول الفعل إلى صفة	creative	مبدع

Word	Meaning	Definitions
generation	جيل	a group of people born around the same time.
screen time	وقت استخدام الشاشة	The amount of time spent looking at a screen.
emojis	رموز تعبيرية	small digital images or icons used to express ideas or emotions in electronic communication.
trends	الترند	popular new developments, often seen in digital content or social behavior
digital natives	أبناء العصر الرقمي	Individuals who have grown up with technology, such as computers, the internet, and mobile devices.
balance	يوازن/توازن	a situation in which different things are of equal or proper weight or amount.

Lesson 1 - Reading

HOME / ABOUT / DOWNLOAD

Gen Alpha: The Young Digital Natives

Do you know that you are one of Gen Alpha, who were born from around 2010 to the mid-2020s? Today's young generation, Gen Alpha, is changing the way we live and communicate. They are digital natives, because they learn to

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

use technology before they can read, and they usually spend a lot of time online, exploring the latest trends. They like creating short videos to show their hobbies or opinions.

At the moment, many Gen Alpha children are using social media to learn about the world and to connect with others. They are constantly discovering new trends that quickly spread across their digital communities. For example, they share memes and sometimes send emojis instead of words because they like showing emotions in a creative, fun way.

Teachers and parents often wonder how this generation will grow up with so much technology around them. Right now, many parents are trying to limit screen time while also encouraging useful digital skills. Gen Alpha rarely spends a day without using technology, but they are also learning to balance online activities with real-life connections.

This generation represents a powerful trend that is shaping the future. Gen Alpha always looks for new ways to express themselves and likes using digital tools to create their identity in the modern world.

Lesson 2 page 16

Gen Alpha's Digital Life

Interviewer: Welcome, Dr. Wessam. We often hear the term Gen Alpha. Could you tell us exactly who they are?

Dr. Wessam: Sure. Gen Alpha are children born from 2010 onwards. They are called digital natives because they grow up completely in a digital environment. For them, smartphones, tablets, social media, and even artificial intelligence is normal.

Interviewer: And how are their habits different from other generations?

Dr. Wessam: Well, Gen Alpha use it from a very young age. Many of them learn to use apps before they can read. Their daily life is highly connected to technology and full of digital experiences.

Interviewer: That's very interesting. So, what do they usually do online?

Dr. Wessam: They spend hours online, but not only for games. They share memes, use emojis to express feelings, and make short videos to show hobbies or opinions. They also use online platforms for learning and connecting with friends worldwide.

Interviewer: Sounds creative! But what challenges do they face?

Dr. Wessam: The main challenge is balance. Too much screen time can affect health and relationships, Parents try to limit screen time and encourage useful skills, like coding or online learning. They also make sure their children play sports or spend time with family.

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Interviewer: So, what positive things do you see in Gen Alpha?
Dr. Wessam: They are creative, quick learners, and very adaptive. If guided well, they can use technology to improve education, communication, and even solve global problems
Interviewer: Thank you, Dr. Wessam. That was very helpful.

Exercise on Vocabulary

1-Read the sentences and complete with the words in the box.

trends – smartboard – connect – creative – emojis

Many Gen Alpha children are using social media to learn about the world and to ……with others. They are constantly discovering new ……that quickly spread across their digital communities. For example, they share memes and sometimes send ……instead of words because they like showing emotions in a……, fun way.

2-Choose the correct answer from a, b, c or d:

1- A…… means a group of people born around the same time.
Ⓐ- language Ⓑ- teacher Ⓒ- generation Ⓓ- mountain

2-…… is the amount of time spent looking at a screen.
Ⓐ- Bedtime Ⓑ- Free time Ⓒ- Timer Ⓓ- Screen time

3-……are small digital images or icons used to express ideas or emotions.
Ⓐ- trends Ⓑ- emojis Ⓒ- screens Ⓓ- phones

4- You should ……your screen time. It's good for you.
Ⓐ- set Ⓑ- let Ⓒ- limit Ⓓ- sit

5- Some…… express our feelings.
Ⓐ- tablets Ⓑ- balance Ⓒ- coding Ⓓ- emojis

6- Learning…… helps Rana create apps and websites.
Ⓐ- cooking Ⓑ- drawing Ⓒ- reading Ⓓ- coding

7- Crying is sometimes a way to show your…… .
Ⓐ- emotion Ⓑ- digital Ⓒ- term Ⓓ- hobby

8- Ganat and Malak spend hours on ……like Facebook and Instagram.
Ⓐ- newspapers Ⓑ- classrooms Ⓒ- libraries Ⓓ- social media

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

9- Checking your phone before sleeping is a common digital…… .
Ⓐ- sport Ⓑ- habit Ⓒ- subject Ⓓ- holiday
10- It's important for Rodina to make real-life…… with friends.
Ⓐ- collection Ⓑ- connection Ⓒ- information Ⓓ- fiction
11- Youssef is…… because he can face challenges easily.
Ⓐ- slow Ⓑ- weak Ⓒ- adaptive Ⓓ- adaptive
12- Teenagers spend a lot of time exploring the latest ……
Ⓐ- screens Ⓑ- trends Ⓒ- habits Ⓓ- fans
13- Each…… has its own way of using technology.
Ⓐ- habit Ⓑ- skill Ⓒ- trend Ⓓ- generation
6. People often use ……to show their feelings in online messages.
Ⓐ- books Ⓑ- tablets Ⓒ- emojis Ⓓ- pens
14- Doctors say too much…… can be bad for your eyes.
Ⓐ- bedtime Ⓑ- screen time Ⓒ- free time Ⓓ- spare time
15- Funny pictures and videos that spread quickly on the internet are called…… .
Ⓐ- poems Ⓑ- emails Ⓒ- memes Ⓓ- stories
16- Heba and Reem were born in 2013, so they are part of Gen…… .
Ⓐ- Alpha Ⓑ- ancient Ⓒ- second Ⓓ- last
17- Children who grow up using the internet and technology are called ……
Ⓐ- teachers Ⓑ- tourists Ⓒ- farmers Ⓓ- digital natives
18-I spend much time ……stories.
Ⓐ- reading Ⓑ- read Ⓒ- to read Ⓓ- reread
19-Gen Alpha use the…… technology.
Ⓐ- late Ⓑ- later Ⓒ- latest Ⓓ- early
20- Leila tries to ……her work with her personal life.
Ⓐ- balance Ⓑ- delete Ⓒ- express Ⓓ- kill

The present continuous tense زمن المضارع المستمر

Formation:

I → am
الاسم المفرد / He - She - It → is
الاسم الجمع / They - We - You → are
→ + V + ing

-نستخدم المضارع المستمر للحديث عن:

..الترتيبات في المستقبل، خاصة عندما نعرف بالفعل الزمان و المكان.

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

ويستخدم أيضا للتعبير عن الخطط المسبقة ويدل على ذلك كلمات مثل:.

arrange / arrangements / prepare / preparation

Ex. The class is visiting the museum next week. Everything has been arranged.

Ex. We are meeting at 9 o'clock on Monday morning.

Ex. He's traveling to Cairo tomorrow. He's got his tickets.

Ex. I'm going home in half an hour. I have arranged it with the boss.

يستخدم زمن المضارع المستمر للتعبير عن أفعال تحدث في الوقت الحاضر (أثناء الكلام.)..

Ex. I am watching the match now. Ex. They are doing their homework now.

يستخدم ليعبر عن أحداث بدأت منذ فترة ومستمرة ولا يشترط أن تحدث وقت الكلام:.

Ex. I'm studying German these days. :

يستخدم أيضا ليعبر عن أحداث مؤقتة. ً.

Ex. Omar usually has lunch at home. But he is eating at the restaurant today.

-لاحظ أن المناسبات الاجتماعية الرسمية والحفلات... إلخ. يتم الترتيب لها مسبق لم يذكر ذلك صراحة في الجملة.

Ex. My cousin is getting married next July.

Negative النفى

Subject + am / is / are + not + v.ing

عند نفي زمن المضارع المستمر نضع not بعد am - is - are.

Ex. They are cooking dinner now. Ex. They aren't cooking dinner now. النفي

Ex. Adel is reading a story now. Ex. Adel isn't reading a story now. النفي

Yes/No Questions	Wh- Questions
Am/Is/Are + subject + v.ing.....?	Wh-word + am/is/are + subject + v.ing....?
Is he playing football?	What is he doing?
Are you eating pizza?	What are you eating?

لاحظ تحويل I am - Are you

Keywords الكلمات الدالة

Now الان - Today اليوم - at present في الوقت الحاضر - Look! انظر - Listen! استمع

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Exercise on Grammar

1. Choose the correct answer from a, b, cord:

1. He ……his posts in English now.

Ⓐ- write Ⓑ- is writing Ⓒ- writing Ⓓ- writes

2. Now, they ……a new project.

Ⓐ- are doing Ⓑ- are do Ⓒ- does Ⓓ- doing

3. Look! Many children…… in the library.

Ⓐ- read Ⓑ- reads Ⓒ- reading Ⓓ- are reading

4. I…… to Luxor tomorrow at 9 p.m. I got the ticket.

Ⓐ- traveling Ⓑ- traveled Ⓒ- am traveling Ⓓ- travel

5. Yara and Farah ……breakfast now.

Ⓐ- eats Ⓑ- eat Ⓒ- eating Ⓓ- are eating

6. We ……English this week.

Ⓐ- are studying Ⓑ- study Ⓒ- studies Ⓓ- is studying

7. Ali…… football next Friday.

Ⓐ- are playing Ⓑ- playing Ⓒ- am playing Ⓓ- is playing

8. Amir ……his grandmother tomorrow.

Ⓐ- visit Ⓑ- visits Ⓒ- visited Ⓓ- is visiting

9. They ……on vacation to Italy in July.

Ⓐ- going Ⓑ- are going Ⓒ- went Ⓓ- goes

10. I ……meeting my friends for dinner tonight.

Ⓐ- am Ⓑ- is Ⓒ- are Ⓓ- was

11. What are…… you this weekend?

Ⓐ- does Ⓑ- do Ⓒ- doing Ⓓ- did

12. They are moving to a new house…… .

Ⓐ- every week Ⓑ- last week Ⓒ- week Ⓓ- next week

13. Marwa…… for her exams next week.

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Ⓐ- studies Ⓑ- is studying Ⓒ- studying Ⓓ- study

14. ……you going to the party on Sunday?

Ⓐ- Do Ⓑ- Will Ⓒ- Are Ⓓ- Is

16. Ibrahim ……a new job on Monday.

Ⓐ- starts Ⓑ- starting Ⓒ- is start Ⓓ- is starting

17. We are having a party for my birthday…… month.

Ⓐ- last Ⓑ- next Ⓒ- since Ⓓ- at

② – Complete the sentences with the correct form of the word(s) in brackets:

1. Nader…… (volunteer) to help his friends today.
2. The ship…… (sail) on Monday next week. It's arranged.
3. Mesk…… (study) now; She is sleeping.
4. Is Saif …… (fly) to London or taking the train?
5. Be quiet! The baby…… (sleep).
6. I…… (not watch) TV now.
7. Look! Ashraf…… (sing) a song.
8. Nowadays, Haneen…… (learn) to play the guitar.

SUPERIOR Abdelbary Ali

Exercise on Lessons 1& 2

① – Complete the following dialog:

Hoda is asking Layla about her favorite digital device.

Hoda: Hello, Layla. Can I ask you a few questions?
Layla: (1)……
Hoda: (2)……?
Layla: My smartphone is my favorite device. It's easy to carry.
Hoda: And what do you use it for?
Layla: (3)……
But in my free time, I chat with my friends.
Hoda: (4)…… ?
Layla: No. It isn't allowed to take it to school.
Hoda: I see. Thanks for your time to take it to school.
Layla: (5)……

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

②-Choose the correct answer from a, b, c or d:

1. Leen creates wonderful art. The adjective from "create" is "……."

Ⓐ- creator Ⓑ- creature Ⓒ- creative Ⓓ- creativity

2. To turn the adjective "constant" into an adverb, we add "……."

Ⓐ- -tion Ⓑ- -ity Ⓒ- -al Ⓓ- -ly

3. Your words didn't encourage me. They. me.

Ⓐ- discouraged Ⓑ- helped Ⓒ- supported Ⓓ- motivated

4. The opposite of "online" is"……".

Ⓐ- connected Ⓑ- communicated Ⓒ- included Ⓓ- offline

5. "Modern" and "……." are synonyms.

Ⓐ- old Ⓑ- new Ⓒ- traditional Ⓓ- ancient

6. To form the noun of the verb "behave", we add the suffix "……."

Ⓐ- -y Ⓑ- -ly Ⓒ- -ior Ⓓ- -able

7. The suffix "-ful" turns the noun into a/an "……".

Ⓐ- adverb Ⓑ- adjective Ⓒ- noun Ⓓ- pronoun

③-Read and using the correct form of the word(s) in brackets:

1. He…… (write) his posts in English now.
2. Now, they …… (do) a new project on how to use the internet safely.
3. Look! Many children …… (read) in the library.
4. Nader. …… (volunteer) to help his classmates today.
5. The ship…… (sail) on Monday next week. It's arranged.

④- Write a paragraph of about (110) words on:

"Gen Alpha"

……

……

……

……

……

……

……

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Lessons 3 & 4

The Digital Bridge – Story Time .

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
include	يشمل / يتضمن	connect	يتصل / يتواصل	treat	يعامل
smartphone	هاتف ذكي	fairness	عدل / وضوح	case	حالة
online creator	صانع محتوى على الإنترنت	in common	مشترك	unite	يوحد
far apart	بعيدًا	thoughts	أفكار	interests	اهتمامات

Extra Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
digital world	العالم الرقمي	together	معا	part	جزء
board games	ألعاب لوحية	support	يدعم/ يساند	distant	بعيد / ناء
digital language	لغة رقمية	popular	محبوب / معروف	affect	يؤثر على
understand	يفهم	curious	فضولي	mostly	معظم / غالب
even though	على الرغم من	annoyed	يزعج	wires	اسلاك
announced	أعلن عن	permission	إذن	passionate	شغوف بشأن
responsibility	مسئولية	believe in	يؤمن ب	express	يعبر عن

Conjugation of Verbs:

Verb	meaning	past	Past participle
tell	يخبر	told	told
make	يصنع	made	made
speak	يتحدث	spoke	spoken

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
far apart	بعيد	distant / remote	near/nearby/close	قريب
different	مختلف	various	the same / similar	نشابه / متشابه
include	يشمل / يتضمن	contain/involve	exclude/leave out	يستبعد
connect	يتصل / يتواصل	join/link	disconnect	يفقد التواصل

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Prefixes & Suffixes

Suffixes	الوظيفة	example	meaning
-ness	تحول الصفة إلى اسم	fairness	العدالة
-or	تحول الفعل إلى اسم	creator	صانع
-ing	تحول الفعل إلى اسم	feeling	شعور

Word	Meaning	Definitions
connect	بتصل	to join or link with someone or something
in common	مشترك	having similar ideas and interests
include	يشمل / يتضمن	to be part of something
far apart	بعيدا	being in distant places

Lesson 3 page 18 Exercise 2

"The Gen Z-Alpha Bridge: How Digital Trends Unite(1) Young Generations"

Generation Z and Generation Alpha are two young generations in the world today. Gen Z includes people born between 1997 and 2012. Gen Alpha includes children born from 2010 till now. Even though they are different ages, they have some important things in common – they are growing up in a digital world.

Both generations use smartphones, tablets, and computers every day. They like watching videos on YouTube, using apps, and playing online games. Social media and online games help them connect, learn, and have fun with others – even if they live far apart.

Digital trends like short videos, emojis, and memes are popular with both groups. Many Gen Z and Gen Alpha kids also care about the environment, being kind, and treating people with fairness. They often use technology to share their thoughts and support important cases.

Even though Gen Z is older than Gen Alpha, both generations speak the same digital language. Technology helps them understand each other and work together to make the world a better place.

Chapter One

The Little Inventor

In a village, there lived a curious girl named Amal. Amal loved to build things. Her room was full of old toys, wires, and little machines she had created. Sometimes, the other children annoyed her and said, "You are strange." But Amal's parents always told her, "Your identity is what makes you special. Never be afraid to express who you are."

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

One day, the teacher announced a "Creative Fair." Each child had to present something they were passionate about.

Amal decided to build a talking robot! She was excited but also worried. "What if others laugh at me?" she thought. Her best friend, Yara, encouraged her, "Just be yourself, Amal. We believe in you."

Amal started working day and night. She also made sure to use the internet safely while looking for ideas, remembering her digital responsibility. She asked for permission before downloading anything and never shared her personal information.

(B)- Answer the following questions:

1. What kind of things did Amal like to build?

.....

2. How did Amal feel when she thought other children laughed at her?

.....

3. What was the "Creative Fair" about?

.....

4. How did Yara help Amal feel better?

.....

5. What steps did Amal take to stay safe online?

.....

Exercise on Lessons 3 & 4

(1)-Read the sentences and complete with the words in the box.

environment – smartboard – support – popular – fairness

Digital trends like short videos, emojis, and memes are .....with both groups. Many Gen Z and Gen Alpha kids also care about the....., being kind, and treating people with..... They often use technology to share their thoughts and .....important cases.

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

②. Choose the correct answer from a, b, c or d:

1- To " ..... " means to join or link with someone or something.
Ⓐ- connect Ⓑ- disconnect Ⓒ- support Ⓓ- share

2-"..... " means being in distant places.
Ⓐ- A part Ⓑ- Close Ⓒ- Open Ⓓ- Far apart

3-Our school will have a science..... next week.
Ⓐ- machine Ⓑ- park Ⓒ- sport Ⓓ- fair

4- Marwan is..... about drawing, he spends hours practicing it.
Ⓐ- bored Ⓑ- afraid Ⓒ- passionate Ⓓ- bad

5- Yara asked for..... before downloading anything.
Ⓐ- fashion Ⓑ- permission Ⓒ- station Ⓓ- village

6- The two friends live ....., so they meet only in summer.
Ⓐ- close Ⓑ- together Ⓒ- next door Ⓓ- far apart

7. Both Gen Z and Gen Alpha are growing up in a/an .....world.
Ⓐ- traditional Ⓑ- normal Ⓒ- digital Ⓓ- ancient

8-Gen Z and Gen Alpha have many things....., such as their love for technology.
Ⓐ- far apart Ⓑ- in common Ⓒ- to include Ⓓ- to throw

9- Football and music are common .....among people.
Ⓐ- tools Ⓑ- works Ⓒ- subjects Ⓓ- interests

10- The teacher used a video to help the students .....the difficult lesson.
Ⓐ- play Ⓑ- understand Ⓒ- use Ⓓ- make

11- Sports can..... people from different countries.
Ⓐ- try Ⓑ- unite Ⓒ- take Ⓓ- use

12- People of all .....enjoy reading stories.
Ⓐ- games Ⓑ- apps Ⓒ- trends Ⓓ- ages

13-Social media helps people..... with friends and family all over the world.
Ⓐ- include Ⓑ- connect Ⓒ- have Ⓓ- describe

14- Although they are twins, their personalities are very.....
Ⓐ- far apart Ⓑ- digital Ⓒ- common Ⓓ- together

15- I use my..... to call my friends.
Ⓐ- mouse Ⓑ- printer Ⓒ- keyboard Ⓓ- smartphone

16- Gen Z..... people born between 1997-2012.
Ⓐ- includes Ⓑ- excludes Ⓒ- leaves out Ⓓ- forgets

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Lessons 5 & 6

Let's talk – Expressing Identity Online .

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
interview	مقابلة شخصية	offline	غير متصل بالإنترنت	blog	مدونة
handle	يتعامل / يدير	chat	يدردش	blogger	مدون
left out	مستبعد	research	ببحث / بحث	advice = tip	نصيحة
digital habit	عادة رقمية	control	يتحكم	creative	مبدع

Extra Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
normal	طبيعى / عادى	explain	يفسر / يشرح	polite	مؤدب / مهذب
describe	يصف	clearly	بوضوح	teen	مراهق
disagreement	رفض / اختلاف الرأي	follow	يتبع	meals	وجبات
respectfully	بإحترام	careful	حريص	website	موقع على النت
journal	دفتر يوميات	disagree	يتعارض	regularly	بانتظام
agree	يوافق	topic	موضوع	latest	الأحدث

Conjugation of Verbs:

Verb	meaning	past	Past participle
spend	يقضي	spent	spent
think	يعتقد	thought	thought
tell	يخبر	told	told

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
agree	يوافق	accept	disagree / refuse	يرفض
healthy	صحى	well/fit	unhealthy / ill	غير صحي / مريض
creative	مبدع	imaginative	traditional/normal	تقليدى / عادى
careful	حريص	cautious/ mindful	careless	مهمل

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Prefixes & Suffixes

Suffixes	الوظيفة	example	meaning
un-	يعطى عكس المعنى	unhealthy	غير صحى
-ion	يحول الفعل إلى اسم	suggestion	اقتراح

Lesson 5 page 22 Exercise 1

Finding Balance – An Interview About Digital Habits

Host : Today we're talking to Saja, a 14-year-old student, about how her generation, often called digital natives, is handling life with technology. Hi, Saja!
Saja : Hi! Thanks for having me with you today.
Host : So, how much screen time do you usually have each day?
Saja : I think around 5 to 6 hours, including homework. I us my smartphone for doing my homework, researching, chatting, and sometimes watching memes or short videos.
Host : Many students follow online trends or post using emojis. Do you think that's good or bad?
Saja : I think that using emojis and memes can be funny and creative.
Host : Do you ever try to find a balance between real life and screen time?
Saja : Yes, I try. I put my phone away during meals. In my opinion, we should limit screen time before bed. I also try to spend more time outside with friends or do sports.
Host : That's great advice! Any tips for other students?
Saja : Just be careful! It's okay to enjoy your screen, but don't let it control you.

Lesson 5 page 23 Exercise 4

Zeinab : Hey Lujain, how many hours do you spend on screen every day?
Lujain : Hmm... maybe four or five hours. I like watching videos and sending memes and emojis to my friends.
Zeinab : I get it, but don't you think that's too much use of your smartphone?
Lujain : Maybe! But we're digital natives. Our generation grew up with phones and tablets. It's normal!
Zeinab : That's true, but we still need balance. Too much screen time isn't good for our health.
Lujain : I understand, but it's also how I connect with people. I don't want to feel left out.

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Zeinab : I know. I just think we should build better digital habits like putting the phone away during meals or before bed.
Lujain : Yeah, you're right. That's a good idea. Some trends online are fun, but we also need real-life time together.

Exercise on Lessons 5 & 6

①-Read the sentences and complete with the words in the box.

trends - screen - Alpha - Z - technology - digital

We use technology every day. We are Gen ..... . I was born in 2012, so I belong to this Gen. We are ..... natives because we grow up using..... . We follow the latest ..... .

②-Choose the correct answer from a, b, c or d:

1-Good .....habits help students use technology wisely.
Ⓐ- electric Ⓑ- digital Ⓒ- bad Ⓓ- weak

2- The teacher gave us some useful..... for studying.
Ⓐ- problems Ⓑ- games Ⓒ- tips Ⓓ- advise

3-Parents should .....screen time for their children.
Ⓐ- control Ⓑ- draw Ⓒ- waste Ⓓ- play

4- Students should learn how to ..... problems wisely.
Ⓐ- lose Ⓑ- forget Ⓒ- break Ⓓ- handle

5- Ali used the internet to..... about space.
Ⓐ- watch Ⓑ- research Ⓒ- play Ⓓ- handle

6- In the exam, you must ..... the teacher's instructions.
Ⓐ- break Ⓑ- damage Ⓒ- follow Ⓓ- skip

7- The film was very..... and we laughed a lot.
Ⓐ- funny Ⓑ- boring Ⓒ- sad Ⓓ- scary

8- Eating fruits and vegetables is good for your .....
Ⓐ- money Ⓑ- health Ⓒ- bag Ⓓ- clothes

9- I write important thoughts and ideas in my .....
Ⓐ- digital Ⓑ- blog Ⓒ- Gen Ⓓ- habit

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

10- It's a difficult problem to ..... I need someone's help.

Ⓐ- handle Ⓑ- push Ⓒ- train Ⓓ- move

11- .....my opinion, the best time to visit Alex is in the winter.

Ⓐ- On Ⓑ- In Ⓒ- For Ⓓ- With

12- Yomna likes to..... with her friends online.

Ⓐ- cook Ⓑ- jump Ⓒ- chat Ⓓ- write

13- If friends don't invite Rana, she may feel .....

Ⓐ- left out Ⓑ- made out Ⓒ- took out Ⓓ- go out

14- Before dinner, I always put my phone..... .

Ⓐ- on Ⓑ- in Ⓒ- out Ⓓ- away

15. Gen Alpha kids have things in..... with Gen Z.

Ⓐ- normal Ⓑ- usual Ⓒ- common Ⓓ- strange

16- To get the noun from the verb "suggest", we add the suffix".....".

Ⓐ- -ment Ⓑ- -ion Ⓒ- -ive Ⓓ- -al

17- The antonym of the word "agree" is".....”

Ⓐ- accept Ⓑ- connect Ⓒ- refuse Ⓓ- read

18- "Creative" and "imaginative" are.....

Ⓐ- opposites Ⓑ- synonyms Ⓒ- antonyms Ⓓ- different

SUPERIOR Abdelbary Ali

③- Write a paragraph of about (110) words on:

"Digital Habits"

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Test on Unit 1

1-Listen and choose the correct answer from a, b, c or d:

1- Gen Z includes people born between .....

(A)- 1990–2005 (B)- 1997–2012 (C)- 2000–2015 (D)- 2010–present

2- Gen Alpha includes children born from

(A)- 1990–2005 (B)- 1997–2012 (C)- 2000–2015 (D)- 2010–till now

3- Gen Z and Gen Alpha have in common they.....

(A)- live in rural areas (B)- love reading books

(C)- are the same age (D)- are growing up in a digital world

1-Answer the following questions:

4-What is the main age difference between Generation Z and Generation Alpha?

.....

5-How does the digital world affect these generations?

.....

6-Why are Gen Z and Gen Alpha considered similar despite their age difference?

.....

SUPERIOR
Abdelbary Ali

2-Choose the correct answer from a, b, c or d:

1- A digital..... is someone who grows up using technology.

(A)- skill (B)- habit (C)- language (D)- native

2- She is a..... girl; she wants to know everything.

(A)- lazy (B)- curious (C)- bad (D)- good

3- Your identity is what makes you .....

(A)- bad (B)- special (C)- usual (D)- normal

4- We should .....online activities with real-life connections.

(A)- make (B)- delete (C)- balance (D)- take

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

(2)- Read the following text, then answer the questions::

Both Gen Z and Gen Alpha are today's young generations, growing up in a digital world. They have a lot in common, like using smartphones to watch videos and play games. Social media helps them connect, even if they live far apart. Technology helps them speak the same digital language and understand each other. It also helps them share their ideas and work together to make the world a better place.

(A)-Choose the correct answer from a, b, c or d:

1. Gen Z and Gen Alpha both use

(A)- newspapers (B)- letters (C)- radios (D)- smartphones

2. The underlined word "connect" is the opposite of "……."

(A)- link (B)- join (C)- disconnect (D)- contact

(2)- Answer the following questions:

3. What does the underlined pronoun "them" refer to ?

……

4. Give a suitable title to the passage.

……

5. What do Gen Z and Gen Alpha have in common?

……

6. How do you think technology can make the world a better place?

……

(2)- Complete the sentences with the correct form of the word(s) in brackets:

1. My sister…… (not play) online games now.
2. Look! The boys……(run) in the park.
3. I am …… (visit) the new library next week.
4. Why…… (he/use) the computer at the moment ?

(2)- Complete the following dialog:

Rose is asking Farah about an ebook she read on her tablet.

Rose: What are you doing now, Farah?

Farah: (1)……

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Rose: An ebook! (2)..... ?
Farah: It's about digital devices.
Rose: That sounds interesting! I think digital devices are great.
Farah: (3)..... They help us learn and have fun.
Rose: (4)..... ?
Farah: I often read them before bedtime.
Rose: That's a good habit.
Farah : (5)..... It helps me relax.

Story (The little Inventor / Chapter 1):

(A)-Choose the correct answer from a, b, c or d:

1. Amal's parents told her that her..... was special.

(A)- robot (B)- identity (C)- friend (D)- room

2. Yara .....Amal to be herself.

(A)- shared (B)- believed (C)- warmed (D)- encouraged

(B)- Answer the following questions:

1. How did Amal stay safe online?

.....

2. What kind of things did Amal to build ?

.....

(4)- Write a paragraph of about (110) words on:

"Gen Alpha"

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

UNIT 2

My Digital Footprint

Lessons 1 & 2

Protecting Your Privacy in the Digital Age
Staying Safe Online.

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
digital footprint	بصمة رقمية	trace	يتتبع / أثر	data	بيانات
experience	خبرة / تجربة	adult	شخص بالغ	secure	آمن / محكم
superhero	بطل خارق	privacy	خصوصية	setting	إعداد / ضبط
trusted	موثوق به	private	خاص	updates	تحديثات
password	كلمة سر	post	ينشر / منشور	online	متصل بالإنترنت

Extra Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
protect	يحمى	tips	نصائح	mark	علامة
remove	يزيل	effect	تأثير	path	ممر مسار
stranger	غريب	stored	مخزنة	access	وصول
processed	معالجة	address	عنوان	state	حالة
symbol	رمز	danger	خطر	account	حساب
impression	انطباع	update	يحدث	profile	ملف شخصي
uncomfortable	غير مريح	permission	إذن	allow	يسمح
breadcrumbs	فتات الخبز	website	موقع إلكتروني	secret	سر
respectful	محترم للآخرين	upload	يحمل على الإنترنت	trail	أثر

Conjugation of Verbs:

Verb	meaning	past	Past participle
leave	يغادر / يترك	left	left
keep	يحفظ	kept	kept
find	يجد	found	found
mean	يعني / يقصد	meant	meant

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
secure	آمن	safe / protected	insecure/unsafe	غير آمن
strong	قوى	powerful	weak	ضعيف
careful	حذر	cautious	careless	مهمل
private	خاص	personal / confidential	public	عام
remove	يزيل	delete / erase	add/keep	يضيف

Prefixes & Suffixes

Suffixes	الوظيفة	example	meaning
un-	تعطى عكس الكلمة	uncomfortable	غير مريح
-ful	تحول الفعل الى صفة	careful	حريص
-ion	تحول الفعل الاسم	information	معلومات
-al	تحول الاسم لصفة	personal	شخصى
-ly	تكون الظرف من الصفة	safely	بأمان

Word	Meaning	Definitions
digital footprint	البصمة الرقمية	the path or history of your activities online.
privacy	خصوصية	the state of being free from public attention
secure	آمن	free from danger or risk.
password	كلمة سر	a secret word or phrase used to access personal information.
data	بيانات	information processed or stored by a computer
trace	أثر	a mark or impression left by something.
setting	إعداد / ضبط	the environment in which something is set.
private	خاص	something that is personal and not meant to be shared with everyone.

Lesson 1 page 28 Exercise 2

Protecting Your Privacy in the Digital Age

In today's world, the internet is a big part of our lives. We use it for school work talking to friends, and having fun. But, it's important to stay safe online. Here are some tips to help you protect your privacy and keep your information secure.

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Everything you do online leaves a trace, like a footprint. This includes the websites you visit and the things you post. Be careful about what you post because it can be hard to remove later. So, be careful about your digital footprint.

To keep your information safe, you should use strong passwords.

A strong password has letters, numbers, and symbols. Don't use easy words like your name. Change your passwords every now and then and don't share them with anyone.

Most websites and apps have settings" to help you control who sees your information. You should check these settings to make sure your privacy is protected. If you don't, your data might be seen by people you don't know.

Think before you share photos or updates online. You shouldn't share personal data like your address or phone number. If you don't want a stranger to know something, don't post it.

By following these tips, you can enjoy the internet safely. Always think about what you do online and remember that your actions can have real effects.

SUPERIOR Abdelbary Ali

Lesson 2 page 30 Exercise 2

Staying Safe Online

Host 1 : Welcome to "Web Guardians," where we learn how to stay safe online! I'm Adam.

Host 2: And I'm Nadia. Today, we're going to explore how to be superheroes of the internet!

Host 1: Nadia, have you ever thought about what it means to leave a digital footprint online?

Host 2: Yes, Adam! A digital footprint is like a trail of breadcrumbs you leave behind when you're online. Everything you do, from visiting websites to sharing posts, leaves a trace of your online experience.

Host 1: Exactly! And that's why it's so important to keep your personal information private.

Host 2: Right, Adam. If you share personal information online, it can be seen by others. So, you should always think before you post to keep your privacy secure.

Host 1 : And what makes a password strong?

Host 2: A strong password is like a secret code that only you know. If your password is easy to guess, your information might not be safe. So, you should create a strong password to protect your accounts.

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Host 1: That's a great point! Did you know that most websites and apps have settings to help you control your privacy?
Host 2: Yes, and if these settings aren't used, your information might be shared more widely than you want. So, always check your privacy settings.
Host 1: Absolutely! And remember, if you ever feel uncomfortable about something online, you should talk to a trusted adult.
Host 2: That's right, Adam. What you do online can have real effects, so always think carefully about your actions.
Host 1:Today, we learned how to protect our digital footprint and stay safe online. Keep your privacy secure and use strong passwords, everyone.
Host 2:Thanks for joining us on "Web Guardians". Stay safe and see you next time!

Exercise on Lessons 1& 2

1-Read the sentences and complete with the words in the box.

online - experience - trail - technology - posts

A digital footprint is like a .....of breadcrumbs you leave behind when you're..... Everything you do, from visiting websites to sharing....., leaves a trace of your online.....

2-Choose the correct answer from a, b, c or d:

1- "..... " means free from danger or risk .

Ⓐ- trace Ⓑ- Privacy Ⓒ- scure Ⓓ- setting

2- A"..... "is a secret word or phrase used to access personal information.

Ⓐ- post Ⓑ- trace Ⓒ- password Ⓓ- footprint

3- A/An"..... "means a person who is full grown up.

Ⓐ- letter Ⓑ- password Ⓒ- adult Ⓓ- baby

4- "..... " means information processed or stored by a computer.

Ⓐ- Footprint Ⓑ- Privacy Ⓒ- Data Ⓓ- Setting

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

5-"…… "means the state of being free from public attention.

Ⓐ- Footprint Ⓑ- Privacy Ⓒ- Data Ⓓ- Setting

6- He changed his privacy…… to control who could see his posts.

Ⓐ- settings Ⓑ- footprints Ⓒ- data Ⓓ- traces

7- To stay …… online, you shouldn't share your personal information.

Ⓐ- strong Ⓑ- private Ⓒ- careless Ⓓ- secure

8- If you feel…… about something online, you should talk to an adult.

Ⓐ- comfortable Ⓑ- trusted Ⓒ- respectful Ⓓ- uncomfortable

9- Everything you do online leaves a/an…… , like a footprint.

Ⓐ- privacy Ⓑ- trace Ⓒ- danger Ⓓ- password

10-A/An…… password is like a secret code that only you know.

Ⓐ- unsafe Ⓑ- careless Ⓒ- weak Ⓓ- strong

11- Omar made mistakes in his homework because he did it……

Ⓐ- carefully Ⓑ- well Ⓒ- quietly Ⓓ- carelessly

12- Ali is a very ……man. He never tells my secrets to anyone.

Ⓐ- lazy Ⓑ- boring Ⓒ- trusted Ⓓ- selfish

13- You can…… people who send you unkind messages on social media.

Ⓐ- share Ⓑ- block Ⓒ- post Ⓓ- allow

14- Good online behavior means being…… to others.

Ⓐ- careless Ⓑ- respectful Ⓒ- private Ⓓ- uncomfortable

15- Your online actions create a digital…… that can be seen by others.

Ⓐ- password Ⓑ- privacy Ⓒ- footprint Ⓓ- setting

16- It's important to have strong…… to protect your online accounts.

Ⓐ- data Ⓑ- passwords Ⓒ- traces Ⓓ- effects

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Language in Use

1. Present Simple Passive المبني للمجهول في المضارع البسيط

The present simple is used to express facts, habits, daily routines, and schedules.

المضارع البسيط يُستخدم للتعبير عن الحقائق والعادات والروتين اليومي والجداول الزمنية .

Affirmative الجملة المثبتة

Active (مبني للمعلوم):	Passive (مبني للمجهول):
Sub. + verb in present +..	Object + am / is / are + (p.p.)
People share photoes online.	Photos are shared online.
He cleans his room every day.	His room is cleaned every day.

(Negative) النفي

Active (مبني للمعلوم):	Passive (مبني للمجهول):
Sub. + doesn't / don't + inf.	Object + am / is / are + not + p.p.
People don't share photoes online.	Photos aren't shared online.
He doesn't clean his room every day.	His room isn't cleaned every day.

(Yes/No Question) السؤال بـ "هل" ؟

Active (مبني للمعلوم):	Passive (مبني للمجهول):
Do/Does + sub. + inf.....?	Am/Is/Are + obj. + p.p ...?
Do people share photoes online?	Are photos shared online?
Does he clean his room every day?	Is his room cleaned every day?

(Wh- Question) السؤال بأداة استفهام ؟

Active (مبني للمعلوم):	Passive (مبني للمجهول):
Wh- + do/does + sub. + inf.....?	Wh- + am / is / are + subject + p.p.?
What do people share online?	Where are photos shared?
When does he clean his room?	When is his room cleaned?

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

2. Modal Passive المبني للمجهول مع الأفعال الناقصة

"Modal verbs" like (can, could, may, might, must, shall, should, will, would .....)

Affirmative الجملة المثبتة

Active (مبني للمعلوم):	Passive (مبني للمجهول):
Subject + model veb + inf.	Object + Modal + be + (p.p.)
You should keep your passwords secret.	Your passwords should be kept secret.

(Negative) النفي

Active (مبني للمعلوم):	Passive (مبني للمجهول):
Subject + model veb + not + inf.	Object + Modal + not + be + (p.p.)
You shouldn't keep your passwords secret.	Your passwords shouldn't be kept secret.

" (Yes/No Question) السؤال بـ "هل ؟

Active (مبني للمعلوم):	Passive (مبني للمجهول):
Model veb + subject + inf ?	Modal + object + be + (p.p.)?
Should I keep my passwords secret?	Should my passwords be kept secret?

(Wh- Question) السؤال بأداة استفهام ؟

Active (مبني للمعلوم):	Passive (مبني للمجهول):
Wh- + model veb + subject + inf ?	Wh- + modal + object + be + (p.p.)?
How should I keep my passwords ?	How should my passwords be kept?

Exercise on Grammar

① - Change the sentences from Active to Passive:

1-People upload videos on social media.

.....

2- You should protect your privacy on the internet.

.....

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

3- Teachers explain the rules of behavior in the classroom.

.....

4- We use strong passwords to protect our data.

.....

5- Students should follow the school rules.

.....

② -Choose the correct answer from a, b, c or d:

1- Passwords ..... by users often.

Ⓐ- should change Ⓑ- change

Ⓒ- are changing Ⓓ- should be changed

2- Important data ..... by the system every hour.

Ⓐ- is saved Ⓑ- are saving Ⓒ- be saved Ⓓ- saves

3-Online profiles ..... carefully.

Ⓐ- should be designed Ⓑ- are design Ⓒ- should design Ⓓ- designed

4- Personal photos ..... without permission.

Ⓐ- have not shared Ⓑ- should not share

Ⓒ- should not be shared Ⓓ- not shared

5-Emails ..... quickly these days.

Ⓐ- send Ⓑ- are sent Ⓒ- sending Ⓓ- sent

6-Important information ..... carefully.

Ⓐ- should be kept Ⓑ- keeping Ⓒ- is keep Ⓓ- keeps

7-Laptops ..... in many schools.

Ⓐ- are using Ⓑ- used Ⓒ- are used Ⓓ- be used

8-Social media accounts ..... by hackers sometimes.

Ⓐ- are hacked Ⓑ- hack Ⓒ- hacked Ⓓ- is hacking

② - Fill in the blanks with the correct form (Passive):

1-Many houses ..... (build) every year.

2-Our homework ..... (check) by the teacher daily.

3-The internet ..... (use) all over the world.

4-New laws ..... (should / make) to protect children online.

5-Information ..... (can / find) easily on Google.

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Exercise on Lessons 1& 2

1- Complete the following dialog:

Hana is asking Salma for advice about online safety.

Hana: Hi Salma. Can I ask for your advice?
Salma: Of course. (1).....?
Hana: I'm worried about my privacy online. (2).....?
Salma: You should use strong passwords. They should be kept private.
Hana: That's a good idea. What else?
Salma: (3).....
Hana: What if I see something uncomfortable?
Salma: (4).....They can help you.
Hana: Thanks for your help, Salma.
Salma: (5).....

2-Choose the correct answer from a, b, c or d:

1. You should always check your privacy. on social media apps.

Ⓐ- footprints Ⓑ- traces Ⓒ- settings Ⓓ- passwords

2. Smartphones are to send messages.

Ⓐ- using Ⓑ- used Ⓒ- uses Ⓓ- use

3. The house every day by Noha.

Ⓐ- is cleaned Ⓑ- are cleaned Ⓒ- cleans Ⓓ- cleaning

4. Your information might not be safe if your. is easy to guess.

Ⓐ- password Ⓑ- name Ⓒ- photo Ⓓ- place

5. means free from danger or risk.

Ⓐ- Annoyed Ⓑ- Secure Ⓒ- Harmful Ⓓ- Noisy

6. Your digital is the path or history of your activities online.

Ⓐ- privacy Ⓑ- footprint Ⓒ- setting Ⓓ- website

2- Rewrite using Passive:

They post news on this website. .....
The teacher gives the students homework. .....
We must wear uniforms at school. .....
People speak English in many countries. .....

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Lessons 3 & 4

Managing Your Online Data – Story Time.

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
clue	دليل / مفتاح	forever	للابد / دائما	faced	
online identity		passive	سلبى / غير مباشر	persevere	
collect	يجمع	careful	حريص / حذر	trustworthy	جدير بالثقة
active	نشط / إيجابي	footprint	بصمة / أثر	permission	

Extra Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
gather	يجمع	type	نوع	picture	صورة
identify	يحدد	managing	ادارة	unkind	قاسى
items	أشياء	details	تفاصيل	comment	
thief	لص	present	يقدم	smart	ذكى
solve	يحل	disappear	يختفى	future	مستقبل
stamps	طوابع بريد	empathy	تعاطف	blinked	رمش
coins	عملات معدنية	frustrated	محبط	cheered	هتف

Conjugation of Verbs:

Verb	meaning	past	Past participle
leave	يغادر - يترك	left	left
think	يفكر	thought	thought
build	يبني	built	built
keep	يحافظ	kept	kept

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
active	نشط	energetic / lively	passive / inactive	غير نشيط / سلبى
unsafe	غير آمن	dangerous / risky	safe / secure	آمن
forever	للأبد	always / eternally	never/temporarily	مؤقتا
kind	لطيف	nice / friendly	unkind	غير لطيف

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

smart	ذكى	intelligent/clever	stupid	غبي
trace	أثر / علامة	mark /sign	loss/disappearance	فقد / إختفاء
trusted	موثوق	reliable / dependable	untrusted/unreliable	غير موثوق
adult	بالغ / راشد	mature/grown-up	child/kid	طفل

Prefixes & Suffixes

Suffixes	الوظيفة	example	meaning
un-	تعطى عكس المعنى	unsafe	غير آمن
-ive	تحول الفعل الى الصفة	active	نشيط
-ly	تكون الظرف من الصفة	quickly	بسرعة

Word	Meaning	Definitions
clue	دليل / مفتاح	a small piece of information that helps you solve a problem
collect	يجمع	to gather items, usually over time
forever	إلى الأبد	for all time; always
online identity	الهوية عبر الإنترنت	the way a person presents themselves on the internet

Lesson 3 page 32 Exercise 2

🌐 Social Media and Your Digital Footprint

When you use social media – like posting pictures, writing comments, or liking videos – you leave behind clues about what you like, what you think, and who you are. These clues make up something called your digital footprint.

🔎 Two Types of Digital Footprints:

Active footprints – when you choose to share something online.

Passive footprints – when websites collect information about what you search for without you knowing.

👦💻 Why is it important?

Everything you do online helps build your online identity. People – like your friends, teachers, or even future schools – might look at your posts and get an idea of who you are. That's why it's super important to think before you share.

✅ Golden Rule

Social media is fun and exciting, but it's also forever. Be smart, be kind, and be careful with what you post!

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Chapter Two

Never stop trying

As the fair day came closer, Amal faced many problems. The robot wouldn't talk. The wires kept breaking. Some children laughed behind her back. Amal felt like giving up. But then she remembered her parents' words and decided to persevere: "I won't give up. I will fix this," she said. Yara helped her by giving ideas. She showed empathy when Amal felt frustrated: "It's okay to make mistakes," she told her. "You can do it."

Little by little, Amal fixed the problems. She checked her sources online to make sure she was learning from safe, trustworthy places. She stayed true to her values and never copied others' work without permission.

Finally, on the night before the fair, the robot blinked its eyes and said: "Hello!" Amal and Yara cheered with joy.

Exercise on Lessons 3 & 4

SUPERIOR Abdelbary Ali

1-Read the sentences and complete with the words in the box.

posts – share – identity – planets – idea

Everything you do online helps build your online…… People – like your friends, teachers, or even future schools might look at your …… .and get an ……of who you are. That's why it's super important to think before you……

2-Choose the correct answer from a, b, c or d:

1- "Active" and "energetic" are "…… "

(A)- synonyms (B)- opposites (C)- antonyms (D)- nouns

2- The antonym of the word "safe" is "……"

(A)- dangerous (B)- unkind (C)- secure (D)- careful

3- You should be careful …… what you post online.

(A)- with (B)- of (C)- for (D)- on

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

4- My hobby is to …… old coins from around the world.

Ⓐ- post Ⓑ- share Ⓒ- collect Ⓓ- choose

5- A footprint that is created when you choose to share a photo is a/an …… footprint.

Ⓐ- active Ⓑ- passive Ⓒ- negative Ⓓ- unsafe

6- It is not kind to post …… comments about other people.

Ⓐ- unkind Ⓑ- smart Ⓒ- careful Ⓓ- nice

7- Social media can be fun, but also dangerous if you are not……

Ⓐ- lazy Ⓑ- careful Ⓒ- stupid Ⓓ- greedy

8- My…… is important to me, so I am careful about what I share.

Ⓐ- clue Ⓑ- identity Ⓒ- comment Ⓓ- footprint

9-He was very …… with his money and saved it for the future.

Ⓐ- unkind Ⓑ- unsafe Ⓒ- passive Ⓓ- smart

10- People use …… to send letters.

Ⓐ- metals Ⓑ- coins Ⓒ- stamps Ⓓ- notes

11- A footprint that happens without your knowing is called a/an ……footprint.

Ⓐ- negative Ⓑ- active Ⓒ- passive Ⓓ- new

12- Social media can show others who you are. The underlined word "show" here means "……"

Ⓐ- hide Ⓑ- collect Ⓒ- present Ⓓ- choose

13-"…… " means for all time or always.

Ⓐ- Temporarily Ⓑ- Forever Ⓒ- Never Ⓓ- Sometimes

14- "Online…… " is the way a person presents themselves on the internet.

Ⓐ- identity Ⓑ- picture Ⓒ- clue Ⓓ- comment

15- He left …… many clues that helped the police.

Ⓐ- on Ⓑ- with Ⓒ- behind Ⓓ- of

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Lessons 5 & 6
Let's Talk - Digital Detectives

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
detective	محقق	hack	يخترق	account	حساب
privacy	خصوصية	secure	آمن	risk	خطر / مجازفة
software	برمجيات	mark	علامة / أثر	scary	مخيف
personal data	بيانات شخصية	password	كلمة سر	regularly	بانتظام

Extra Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
personal	شخصية	danger	خطر	clear	واضح
information	معلومات	complex	معقد	tip	نصيحة
important	مهم	permanent	دائم	grammar	قواعد لغوية
opinion	رأي	properly	بشكل صحيح	plan	يخطط / خطة
advice	نصيحة	exactly	تماما / بالضبط	check	يفحص / يتأكد
birth year	سنة الميلاد	address	عنوان	spelling	هجاء
teenager	مراهق	purpose	غرض	protect	يحمي

Conjugation of Verbs:

Verb	meaning	past	Past participle
steal	يسرق	stole	stolen
say	يقول	said	said
set	يضبط	set	set

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
secure	آمن	safe	insecure	غير امن
simple	بسيط	easy	complex/difficult	معقد / صعب
agree	يوافق	accept	disagree / refuse	لا يوافق / يرفض
careful	حذر	cautious	careless	مهمل
scary	مخيف	frightening	safe	أمن

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Prefixes & Suffixes

Suffixes	الوظيفة	example	meaning
-ly	تحول الصفة لظرف	regularly	بانتظام
-ment	تحول الفعل الاسم	agreement	اتفاق
-y	تكون الصفة من الفعل	scary	مخيف
-ive	تحول الفعل إلى اسم	detective	

Lesson 5 page 36 Exercise 1

Staying Safe Online – A Conversation About Digital Habits

Hana: Hey Salma, do you ever think about your digital footprint?
Salma: Yes, I do! Everything we do online leaves a mark. It can all be traced, right?
Hana: Exactly! That's why I try to stay secure. I use strong passwords and I don't share my personal data online.
Salma: Me too. I also check my privacy settings regularly. If they're not set properly, my information can be seen and shared by others.
Hana: That's true. My cousin's account was hacked last year. Her passwords were too simple.
Salma: Oh no! That's scary. I also make sure my apps have the latest updates. Without them, your device can be at risk.
Hana: Same here. I've read that old software can be used to steal your data.
Salma: We really have to be careful. Even things we posted years ago can be found and traced.
Hana: I agree, that's why I always say – think before you post. Once it's online, it stays online forever.
Salma: Good advice. Our digital lives are important, and we need to stay safe.

Lesson 5 page 37 Exercise 3

Student A: I don't worry much about my digital footprint. I just have fun online.
Student B: That's true, I have fun too. But I think we should all take care. Our data can be traced and used by others.
Student A: I only use a few simple passwords.
Student B: You should make them strong and always check your privacy settings.

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Lesson 5 page 51Exercise 1

Mr. Aziz: Good morning, Rody. Today, I'd like to talk with you about digital identity. Do you know what that means?
Rody: Yes, sir. I think it's the information people can see about me online, like my social media account and what I post.
Mr. Aziz: Exactly. Your online identity can shape how others see you, and sometimes it can even leave a permanent digital mark.
Rody : That sounds a bit scary, sir. Can people really find things I posted years ago?
Mr. Aziz: Yes, they can. That's why what you share online is so important. If you're not careful, someone could even try to steal your identity or personal details.
Rody : You mean like trying to hack into my account?
Mr. Aziz: Exactly. That's why we always say it is important to use strong, special passwords and not share them with anyone.
Rody: I usually use my name and birth year as my password is that OK?
Mr. Aziz: That's very easy to guess, Rody. Try something more complex to keep your account secure. Also, always check your account's privacy settings.
Rody: I understand. I believe we should think twice before posting or clicking anything online. Rody

SUPERIOR Abdelbary Ali

Exercise on Lessons 5 & 6

①-Read the sentences and complete with the words in the box.

hacked - secure - passwords - privacy - trace

To keep your online accounts secure, you need to use strong (1)…… Also, check your (2)…… settings to control what others can see. Everything you do online leaves a (3)…… My friend was careless and his account was (4)…… last week.

③-Choose the correct answer from a, b, c or d:

1. If someone tries to ……your computer, they want to get in without permission.

Ⓐ- write Ⓑ- hack Ⓒ- clean Ⓓ- fix

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

2. The film was so..... that I couldn't watch it alone at night.

Ⓐ- funny Ⓑ- scary Ⓒ- boring Ⓓ- nice

3. A..... is a person who solves crimes or mysteries.

Ⓐ- teacher Ⓑ- detective Ⓒ- pilot Ⓓ- driver

for your apps to stay secure. 4. It's important to have the latest

Ⓐ- updates Ⓑ- marks Ⓒ- accounts Ⓓ- private

5. I need to open a bank ..... to keep my money safe.

Ⓐ- account Ⓑ- letter Ⓒ- pen Ⓓ- ticket

6. To install the new game, you must download the.....first.

Ⓐ- software Ⓑ- music Ⓒ- picture Ⓓ- book

7. Everything we do online leaves a.....

Ⓐ- line Ⓑ- passwords Ⓒ- footprint Ⓓ- shadow

8. I also check my settings..... regularly.

Ⓐ- privacy Ⓑ- music Ⓒ- game Ⓓ- picture

9. Our digital lives are important, and we need to stay.....

Ⓐ- secure Ⓑ- hungry Ⓒ- tired Ⓓ- noisy

10. I use strong ..... so that nobody can enter my account.

Ⓐ- games Ⓑ- passwords Ⓒ- shoes Ⓓ- pens

11. Without the latest updates, your device can be at.....online.

Ⓐ- risk Ⓑ- holiday Ⓒ- lunch Ⓓ- party

12. Don't share your personal .....

Ⓐ- toy Ⓑ- lunch Ⓒ- data Ⓓ- book

13. My brother's account was hacked yesterday because his password was.....

Ⓐ- strong Ⓑ- hard Ⓒ- difficult Ⓓ- simple

14. Without an antivirus program, your computer is .....risk.

Ⓐ- on Ⓑ- with Ⓒ- at Ⓓ- of

15. I don't agree ..... you; I think the film was very boring.

Ⓐ- with Ⓑ- to Ⓒ- at Ⓓ- for

16. You should be..... with your personal data when using social media.

Ⓐ- careful Ⓑ- angry Ⓒ- tired Ⓓ- late

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Test on Unit 2

1-Listen and complete with the correct answer:

1-Most websites and apps have _____ to help you control who sees your information.

2-You should check your settings to make sure your _____ is protected.

3-If you don't check your settings, your _____ might be seen by people you don't know.

4-,Checking your settings helps you keep your information _____.

2-Read the sentences and complete with the words in the box.

digital – comments – think – tablet – clues

When you use social media – like posting pictures, writing……., or liking videos – you leave behind ……about what you like, what you……., and who you are. These clues make up something called your ……footprint.

SUPERIOR Abdelbary Ali

3-Choose the correct answer from a, b, c or d:

1. You should use a strong to protect your accounts.

Ⓐ- footprint Ⓑ- password Ⓒ- post Ⓓ- clue

2. Everything you do online helps build your online

Ⓐ- house Ⓑ- identity Ⓒ- class Ⓓ- office

3. Your personal information. be kept private.

Ⓐ- should Ⓑ- is Ⓒ- are Ⓓ- should be

4. Many apps by teenagers today.

Ⓐ- use Ⓑ- are used Ⓒ- is used Ⓓ- are using

5. is the knowledge or skill that you get from doing, seeing, or feeling things.

Ⓐ- Experience Ⓑ- Comment Ⓒ- Website Ⓓ- Picture

6. To stay safe online, we shouldn't. our personal data.

Ⓐ- delete Ⓑ- remove Ⓒ- share Ⓓ- save

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

④- Read the following text, then answer the questions::

Passive footprints – these happen without your knowing, like when websites collect information about what you look for. Everything you do online helps build your online identity. People – like your friends, teachers, or even future schools – might look at your posts and get an idea of who you are.
That's why it's super important to think before you share. Social media is fun and exciting, but it's also forever. Be smart, be kind, and be careful with what you post!

Ⓐ-Choose the correct answer from a, b, c or d:

1. Everything you do online helps build your online……

Ⓐ- newspapers Ⓑ- letters Ⓒ- identity Ⓓ- smartphones

2. The underlined word " exciting " is the opposite of "……"

Ⓐ- interesting Ⓑ- boring Ⓒ- amazing Ⓓ- tiring

②- Answer the following questions:

3-What do websites collect without your knowing?

……

4-Who might check your online posts?

……

5-Why is it important to think before you share?

……

6- Give a suitable title to the passage.

……

⑤- Complete the sentences with the correct form of the word(s) in brackets:

1. My homework……(do) every evening.

2. The classroom windows……((should/clean) every week.

3.58 Important data is……((save) by the system every hour.

4. Unkind comments. ……((should not / write) online.?

⑥- Complete the following dialog:

Adel is talking to his father about how to stay secure online.

Adel: Dad, can I ask for your advice?

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Father: (1)……
Adel : I want to know how to keep my accounts secure.
Father: First, (2)……?
Adel: I think so, but I'm not sure if they are complex enough.
Father: They should have letters, numbers, and symbols.
Adel: That's a great tip. (3)……?
Father: You should also check your privacy settings on every app you use.
Adel : (4)…… I will do that right now.
Father: Good. It's very important to be careful online.
Adel: I agree. Thanks, Dad.
Father: (5) ……

Story (The little Inventor / Chapter 2):

(7)-Choose the correct answer from a, b, c or d:

1-When Amal felt like giving up, she remembered her parents' words and decided to …… .
(A)- go home (B)- persevere (C)- hide (D)- cry
2-Yara helped Amal by giving ideas, and she showed …… when she felt frustrated.
(A)- anger (B)- surprise (C)- empathy (D)- confusion

(B)- Answer the following questions:

1-What problems did Amal face as the fair day came closer?
……
2-Who helped Amal when she felt frustrated?
……

(8)- Write a paragraph of about (110) words on:

"How to protect your online privacy"

……
……
……
……
……
……
……

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

UNIT 3

Facing Challenges

Lessons 1 & 2

Overcoming Challenges – Advice for Facing Challenges

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
challenge	يتحدى / تحدي	speed	سرعة	courage	شجاعة
proud	فخور	obstacle	عقبة	attitude	موقف / سلوك
disappointed	خائب الأمل	brave	شجاع	compete	ينافس / يتنافس
determination	عزيمة / إصرار	discouraged	محبط	halfway	في منتصف الطريق
emotion	عاطفة / شعور	improve	يحسن / يطور	trip	يتعثر

Extra Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
impossible	مستحيل	struggle	كفاح/ يكافح	bump	مطب
difficulties	صعوبات / عقبات	trouble	مشكلة	posters	ملصقات
determined	عازم / مصمم	situation	موقف	practice	يمارس / يتدرب
recommendations	توصيات	perfect	مثالي / كامل	notice	يلاحظ
solutions	حلول	especially	على وجه الخصوص	pass	يجتاز - ينجح
second chance	فرصة ثانية	cheer		task	مهمة
bronze	برونز / برونزى	silver	فضة / فضي	face	يواجه
breathing	تنفس	energy	طاقة	medal	ميدالية
training	تدريب	prepare	يعد / يجهز	crowd	حشد / جمهور

Conjugation of Verbs:

Verb	meaning	past	Past participle
begin	يبدأ	began	begun
overcome	يتغلب على	overcame	overcome
shake	يهز	shook	shaken
bleed	ينزف	bled	bled

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

break	يسقط	broke	broken

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
courage	شجاعة	bravery	fear	خوف
difficult	صعب	hard	easy	سهل
proud	فخور	pleased / satisfied	ashamed	خجلان
strong	قوى	powerful	weak	ضعيف
challenge	تحدى	difficulty	simplicity	سهولة
keep going	يستمر	continue	stop	يتوقف

Prefixes & Suffixes

Suffixes	الوظيفة	example	meaning
dis-	تعطى عكس المعنى	discouraged	محيط
im-	تعطى عكس المعنى	impossible	مستحيل
-ation	تحول الفعل الاسم	determination	عزيمة
-ly	تحول الصفة لظرف	slowly	ببطء

Word	Meaning	Definitions
courage	شجاعة	being brave when facing difficulties
challenge	تحدى / صعوبة	a difficult situation or task not giving up easily
determination	عزيمة / إصرار	Not giving up late
obstacle	عقبة	something that blocks your path

Soha always enjoyed English, but this year she faced a new challenge — grammar lessons became very difficult. She especially struggled with the passive voice. Understanding the rules felt impossible, and after failing a quiz, she felt discouraged. "This is too hard," Soha thought. But instead of giving up, she showed determination. Her teacher noticed her struggle and said, "Take it step by step. Focus on one rule at a time. Don't be afraid to ask for help." With determination, Soha started to work harder. She watched videos, practiced with a friend, and made grammar posters for her room. Each grammar rule felt like an obstacle, but she didn't stop.

It took time, but Soha slowly began to improve. She passed her next quiz and felt proud of herself. "I'm not perfect yet, but I'm trying," she said. "It takes courage to keep going, even when something feels difficult."

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

SB page 44

Advice for Facing Challenges

Leila had been training for six months to run a long race in her city. Every morning, she went for a run in the park. She practiced her breathing and tried to eat healthy food so she would have enough energy for race day. Finally, the big day came. Laila woke up feeling excited, but also a little nervous. She had never run such a long race before. At the start, everything went well. The weather was nice, the crowd was cheering, and she ran at a good speed. But halfway through the race, something happened. Laila tripped on a small bump in the road and fell down. Her knee started to bleed and she felt weak and upset. A race helper ran to her and asked, "Do you want to stop?" Laila shook her head and said, "No. I worked too hard to quit now." She stood up slowly, took a deep breath, and started running again. Her knee hurt with every step, but she kept going because she didn't want to give up after so many months of training. In the end, she crossed the finish lines, She was slower than she wanted to be, but the crowd cheered loudly, and she felt proud. Later, she said, "I didn't win the race or a medal.. but I won against my fear."

Post-listening questions:

1- What challenge did Laila face at the beginning of the story?

.....

2- How long had Laila been training for the long race?

.....

3- How did Laila feel on the race day?

.....

4- What lesson does the story teach you?

.....

Exercise on Vocabulary

1-Read the sentences and complete with the words in the box.

proud - obstacle - courage - challenge - discouraged

My biggest challenge last year was learning to swim. At first, I was afraid of the water and felt (1)..... . After my first lesson, it felt like a huge (2)..... that I could not overcome. But my coach told me to have (3)..... and keep trying. I practiced every day, and finally, I learned to swim. I felt very (4)..... of myself.

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

③-Choose the correct answer from a, b, c or d:

1-……means something that blocks your path
Ⓐ- courage Ⓑ- obstacle Ⓒ- challenge Ⓓ- strong

2-……means a difficult situation or task not giving up easily.
Ⓐ- courage Ⓑ- obstacle Ⓒ- challenge Ⓓ- strong

3-……means being brave when facing difficulties.
Ⓐ- courage Ⓑ- obstacle Ⓒ- challenge Ⓓ- strong

4- The antonym of the word "courage" is "……"
Ⓐ- bravery Ⓑ- fear Ⓒ- strength Ⓓ- power

5- She was proud of her son when he won the competition. The opposite of "proud" is "……"
Ⓐ- strong Ⓑ- glad Ⓒ- ashamed Ⓓ- pleased

6- The prefix "dis-" in "discouraged" gives the ……meaning.
Ⓐ- same Ⓑ- opposite Ⓒ- similar Ⓓ- noun

6- To turn the adjective "slow" into an adverb, we add……
Ⓐ- -ation Ⓑ- -ly Ⓒ- -ful Ⓓ- -ness

8- The word "hard" is a synonym for "……"
Ⓐ- easy Ⓑ- simple Ⓒ- difficult Ⓓ- brave

9- Something that blocks your way or makes it hard to do something is a/an……
Ⓐ- crowd Ⓑ- obstacle Ⓒ- process Ⓓ- step

10- Soha felt ……after she passed her quiz.
Ⓐ- sad Ⓑ- proud Ⓒ- ashamed Ⓓ- discouraged

11- Soha's main…… was understanding grammar rules.
Ⓐ- attitude Ⓑ- courage Ⓒ- pride Ⓓ- challenge

12- It takes a lot of…… to try again after you fail.
Ⓐ- fear Ⓑ- sadness Ⓒ- courage Ⓓ- anger

13- She had been…… for six months to run a long race in her city.
Ⓐ- saying Ⓑ- asking Ⓒ- facing Ⓓ- training

14- ……regularly helped Soha overcome her challenge.
Ⓐ- Feeling Ⓑ- Practicing Ⓒ- Fixing Ⓓ- Remembering

15- My little brother is trying to ……a big challenge.
Ⓐ- give up Ⓑ- overcome Ⓒ- make Ⓓ- pleased

16- I ……many challenges, but I stayed strong and determined.
Ⓐ- faced Ⓑ- drove Ⓒ- arrived Ⓓ- staye

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Past Simple Tense – الماضي البسيط

We use the Past Simple Tense to talk about actions that started and finished in the past.

نستخدم زمن الماضي البسيط للتعبير عن أفعال بدأت وانتهت في الماضي.

She fell during the race. هي سقطت أثناء السباق

Affirmative (الإثبات):	Negative (النفي):
Subject + Verb (past form) + Object	Subject + did not (didn't) + Inf.
I visited Cairo yesterday.	I did not visit Cairo yesterday.
She fell during the race.	She didn't fall during the race.

Yes/No Questions	Wh- Questions
Did + subject + Inf.....?	Wh-word + did + subject + Inf.....?
Did you visit Cairo yesterday?	When did you visit Cairo ?
Did she fall during the race?	Where did she fall?

Key Words (الكلمات الدالة) :

yesterday (أمس) ago (منذ)

last week / last month / last year (الأسبوع الماضي / الشهر الماضي / السنة الماضية)

in 2000 (2000 في عام)

Past Continuous Tense – الماضي المستمر

We use the Past Continuous Tense to describe an action that was in progress at a specific moment in the past.

نستخدم زمن الماضي المستمر لوصف فعل كان مستمرًا في وقت محدد في الماضي.

She was running when she fell. كانت تجري عندما سقطت

While she was running, she fell down. بينما كانت تجري، سقطت

Affirmative (الإثبات):	Negative (النفي):
Subject + was/were + V.(-ing) + Obj.	Sub. + was/were + not + Verb(-ing)
I was reading a book at 8 p.m. yesterday.	I wasn't reading a book at 8 p.m. yesterday.

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Yes/No Questions	Wh- Questions
Was/Were + Sub. + Verb(-ing) + Obj.?	Wh-word + was/were + Sub. + V.(ing)?
Were you reading a book at 8 p.m. yesterday?	What were you doing at 8 p.m. yesterday?

Key Words (الكلمات الدالة) :
While = As (بينما) when (عندما) yesterday at 8 p.m. (أمس في الساعة ٨ مساءً)

Exercise on Grammar

(2)-Choose the correct answer from a, b, c or d:

1. While Ali .....a story, his eyes closed slowly with sleep.
(A)- read (B)- reads (C)- reading (D)- was reading

2. Mona .....a beautiful picture for her mom last weekend.
(A)- draw (B)- drawing (C)- draws (D)- drew

3. Who did you .....while you were shopping at the store yesterday?
(A)- seeing (B)- sees (C)- saw (D)- see

4. While Basel .....breakfast, the school bus arrived early that day.
(A)- eat (B)- was eating (C)- eating (D)- ate

5. The baby was..... the toy when it fell down.
(A)- shake (B)- shook (C)- shaking (D)- shakes

6. As the kids .....games, mom called them for dinner.
(A)- play (B)- played (C)- playing (D)- were playing

7. The girl did not .....fast in the race yesterday.
(A)- run (B)- ran (C)- massage (D)- message

8. What was Huda..... when her father entered the room?
(A)- paint (B)- painted (C)- painting (D)- paints

(2)- Complete the sentences with the correct form of the word(s) in brackets:

1. Did Omar..... (singing) a happy song at the party?
2. The kids were playing outside when the rain.....(start) to fall.
3. Nada was drinking juice when her brother.....(call) her.
4. While we..... (have) dinner, the phone rang loudly twice.

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Exercise on Lessons 1& 2

1- Complete the following dialog:

Amal has trouble with reading long stories. She gets tired quickly.

Lina: Why do you look upset, Amal?

Amal: (1).....

Lina: (2).....?

Amal: Because I get tired quickly.

Lina: (3).....

Amal: That could work. I'll read a few pages every day.

Lina: (4).....?

Amal: Good idea! I may ask my sister to read with me.

Lina: (5).....

Amal: Yes! I will try making reading fun with pictures.

2- Rewrite the following sentences using the word(s) in brackets:

1. Omar plays tennis every Friday. (last)

.....

2. Karim drinks milk every morning. (yesterday morning)

.....

3. The bell rang while Amira was singing a song. (when)

.....

4. I walked to school. It began to rain. (while)

.....

3- Write a paragraph of about (80 - 100) words on:

"A challenge you faced"

.....

.....

.....

.....

.....

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Lessons 3 & 4

Facing Traffic Challenges- Story Time.

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
traffic jam	ازدحام مرورى	air pollution	تلوث الهواء	tunnel	نفق
stressed	متوتر / مضغوط	metro lines	خط مترو	highway	طريق سريع
flyover	كوبرى علوى	airport	مطار	rail	خط سكة حديد
displayed	عرض	creativity	ابداع	blocked	مغلق / ممنوع

Extra Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
freedom	حرية	busy	مزدحم / مشغول	public	عام
monorail	المونوريل	reduce	يقلل / يخفض	solve	يحل
transportation	وسائل النقل	move around	يتجول / ينتقل	solution	حل
dirty	غير نظيف	result	نتيجة	empty	فارغ
projects	مشروعات	Cross	يعبر	electric	كهربى
determination	عزيمة - تصميم	fair	معرض	country	دولة
inspired	الهمت	express	يعبر	empathy	تعاطف

Conjugation of Verbs:

Verb	meaning	past	Past participle
drive	يقود	drove	driven
build	يبني	built	built
sell	يبيع	sold	sold
give	يعطي	gave	given

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
busy	مزدحم	crowded	empty	فارغ
stressed	متوتر	worried / anxious	relaxed	مسترخى
solution	حل	answer	problem	مشكلة
reduce	يقلل	decrease	increase	يزيد

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Prefixes & Suffixes

Suffixes	الوظيفة	example	meaning
mono-	تعطى معنى مفرد أو أحادي	monorail	قطار أحادي السكة
-dom	تكون الاسم من الصفة	freedom	حرية

Word	Meaning	Definitions
traffic jam	ازدحام مرورى	long lines of cars that cannot move or are moving very slowly
flyover	كوبرى علوى	a road that passes over another road on a bridge
tunnel	نفق	a passage built under the ground or through a mountain
monorail	المونوريل	a train that runs on a single rail, usually above the ground
stressed	متوتر / مضغوط	feeling worried, nervous, or under pressure
move around	يتجول	to travel or go from place to place
creativity	ابداع	coming up with new and original ideas
display	يعرض	to show something so others see it
honestly	بامانة	in a trustful way; not lying or deceiving
inspire	يلهم	to be a role model for others in doing good things
determination	اصرار	not giving up, even when there are difficulties

Lesson 3 page 46 Exercise 2

Cairo is a very busy city. Every day, there is a big traffic jam on streets and highways. Many people drive cars, and roads get blocked. This causes pollution, making the air dirty. It also makes people feel stressed and tired from waiting.

Egypt is working to solve this problem. New metro lines like Line 3 and Line 4 were built. Projects such as Tahya Misr Bridge and 6th of October Bridge help cars move faster. The country is also building an electric train and a monorail to give people more ways to travel. Egypt also made flyovers and tunnels. These plans make the roads better.

Now, traffic is a little better. People use public transportation more. Egypt wants to build more roads, bridges, and train lines in the future. This will help Cairo become cleaner and easier to move around.

③-Choose the correct answer from a, b, c or d:

1-What is one result of traffic jams in Cairo?

Ⓐ- Clean air Ⓑ- Less travel Ⓒ- Pollution Ⓓ- Empty streets

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

2-Which bridge helps solve traffic problems?

Ⓐ- Nile River Bridge Ⓑ- Tahya Misr Bridge

Ⓒ- Peace Bridge Ⓓ- Freedom Bridge

3-What public transport projects are being built in Egypt now?

Ⓐ- New airports Ⓑ- More taxis

Ⓒ- Electric train and monorail Ⓓ- Highway cameras

Chapter 3 – Inspiring Success

On the day of the fair, all the children displayed their work. Amal stood proudly with her robot. When she presented it, the robot spoke: "Be yourself. Never give up!"

Everyone clapped. The children who once laughed now admired Amal's hard work and creativity. The teacher smiled and said, "Amal, you showed determination and honesty. You worked hard without giving up, and you stayed true to who you are."

Amal felt proud, not because she won a prize, but because she had expressed herself honestly, used digital tools responsibly, and showed empathy to others.

From that day on, Amal inspired others to follow their dreams, express themselves, and help one another.

SUPERIOR Abdelbary Ali

①-Answer the following questions:

1-What message did Amal's robot give at the fair?

.....

2-How did the children who once laughed at Amal react to her presentation?

.....

3-How did Amal inspire others to follow their dreams?

.....

4-What do you think changed the children's opinions of Amal?

.....

5-What lesson can we learn from Amal's story?

.....

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Exercise on Lessons 3 & 5

③-Choose the correct answer from a, b, c or d:

1-…… means to travel or go from one place to place.
Ⓐ- Give up Ⓑ- Bring up Ⓒ- Move around Ⓓ- Fall down

2- ……means feeling worried, nervous or under pressure.
Ⓐ- Movable Ⓑ- Stressed Ⓒ- Content Ⓓ- Comfortable

3-…… means to be a role model for others in doing good things.
Ⓐ- Give Ⓑ- Inspire Ⓒ- Move Ⓓ- Fall

4- ……means coming up with new and original ideas.
Ⓐ- Creativity Ⓑ- Honesty Ⓒ- Ability Ⓓ- Comfortable

5- A monorail moves on a single……..
Ⓐ- street Ⓑ- rail Ⓒ- road Ⓓ- pavement

6- I was late to school because we got…… in a traffic jam.
Ⓐ- dressed Ⓑ- chances Ⓒ- wet Ⓓ- blocked

7- Anew …… was built to help cars cross the busy road above the city.
Ⓐ- park Ⓑ- flyover Ⓒ- jam Ⓓ- tunnel

8- Amal had to ……up with a new idea for her school project yesterday.
Ⓐ- come Ⓑ- clap Ⓒ- inspire Ⓓ- delete

9- The train went through a dark…… under the mountain.
Ⓐ- river Ⓑ- flyover Ⓒ- tunnel Ⓓ- bridge

10- Everyone should ……their dreams even if it is difficult to reach their goals.
Ⓐ- follow Ⓑ- admire Ⓒ- clap Ⓓ- react

11-I…… people who work hard and help others without asking for anything.
Ⓐ- react Ⓑ- admire Ⓒ- look Ⓓ- make

12- Students joined the art…… to show their creativity and skills this year.
Ⓐ- robot Ⓑ- competition Ⓒ- prize Ⓓ- presentation

13- Students showed great…… in designing their own classroom projects.
Ⓐ- creativity Ⓑ- lesson Ⓒ- humor Ⓓ- indifference

14- The story of the brave young girl will ……many people to work hard.
Ⓐ- inspire Ⓑ- follow Ⓒ- stop Ⓓ- quit

15- Using public transportation helps reduce……
Ⓐ- projects Ⓑ- pollution Ⓒ- work Ⓓ- solutions

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Lessons 5 & 6

Let's talk - The Power of Facing Challenges.

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
speech	خطاب / حديث	inspired	فلهم	glad	سعيد
honesty	صدق / أمانة	overcome	يتغلب على	mistake	خطا- غلطة
Lessons	دروس	confident	واثق	upset	منزعج
party	حفلة	obstacles	عوائق	research	بحث / ببحث

Extra Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
deep breath	نفس عميق	braver	أكثر شجاعة	skills	مهارات
science	مادة العلوم	lights	أضواء / أنوار	identify	يحدد يتعرف
facing	مواجهة	details	تفاصيل	prepared	يعد - يجهز
give up	يستسلم	expect	يتوقع	handle	يتعامل مع
daughter	ابنة	remind	يذكر	classmate	زميل دراسة

Conjugation of Verbs:

Verb	meaning	past	Past participle
forget	ينسى	forgot	forgotten
say	يقول	said	said
know	يعرف	knew	known
deal	بتعامل	dealt	dealt
grow	ينمو / يتطور	grew	grown

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
nervous	متوتر	anxious/worried	calm/relaxed	
give up	يستسلم	quit / surrender	continue/keep going	يستمر / يثابر
upset	منزعج	sad / unhappy	glad	سعيد

SUPERIOR
Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Prefixes & Suffixes

Suffixes	الوظيفة	example	meaning
-ed	تكون الصفة من الفعل	determined	مصمم / عازم
re-	تعنى مرة آخرى	reread	يعيد قراءة

Lesson 5 page 50 Exercise 1

When Things Get Hard

Samy: Hi Hany, you looked really happy at school today. What happened?
Hany: Oh, I gave a short speech to my class about facing problems. It was a big challenge, but I'm glad I did it.
Samy: Wow, that's great! Were you nervous?
Hany: Yes, I was very nervous at first. I even felt discouraged because I made a mistake while I was speaking.
Samy: So, how did you keep going?
Hany: I just told myself to stay calm. I was sure I could do it.
Samy: That's cool! You didn't give up.
Hany: Thanks! Another challenge was when I was asked a question I was not sure of.
Samy: Oh my, what did you do?
Hany: Honestly, I said that I am not sure of the answer, so I will do more research.
Samy: That was very brave of you. It takes a lot of courage to say that.
Hany: Sometimes, an obstacle can surprise you, but with honesty and determination, you can get through it.
Samy: I agree. Facing challenges helps us grow.

Lesson 5 page 51Exercise 1

Student A: I had a big challenge last week during the end-of-year school party.
Student B: Really? Did you feel discouraged at any point?
Student A: To be honest, I forgot what to say! But I was determined to keep going.
Student B: That's great. It takes courage to stay calm like that.
Student A: I didn't expect that to happen because I knew my part very well. But with determination, I was able to finish my part, even though there were many obstacles.

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Connectors: because, so, although

1. Because

We use because to give a reason (why something happened).

نستخدم because لنعبر عن السبب (لماذا حدث شيء ما).

I felt discouraged because I made a mistake.

She stayed home because she was sick.

We couldn't play football because it was raining.

2. So

We use so to show the result (what happened because of something).

نستخدم so لنعبر عن النتيجة (ماذا حدث بسبب شيء ما).

I was tired, so I went to bed early.

He studied hard, so he passed the exam.

It was very hot, so we stayed inside.

3. Although

We use although to show contrast (something surprising or different from the main idea).

نستخدم although للتعبير عن التباين أو التناقض (شيء غير متوقع أو عكس الفكرة الرئيسية).

Although I was nervous, I gave a good speech.

Although it rained, we enjoyed the picnic.

Although he is young, he is very smart.

SUPERIOR Abdelbary Ali

③ – Complete with (because – so – although):

1-I stayed at home …… it was raining.

2-She was tired, …… she didn't stop working.

3-We left early …… we wanted to catch the bus.

4-He studied hard, …… he got a high mark.

5-…… I was nervous, I answered the questions well.

6-They didn't play football …… the field was wet.

7-It was very hot, …… we went swimming.

8-She passed the exam …… she didn't study much.

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Writing a Paragraph

كتابة فقرة قصيرة تتكون عادة من 3 أجزاء رئيسية:

1 Topic Sentence (الجملة الرئيسية)

Start with a clear sentence that tells the reader what the paragraph is about.

ابدأ بجملة واضحة تخبر القارئ عن موضوع الفقرة.

Example: My favorite hobby is reading. هوايتي المفضلة هي القراءة.

2 Supporting Sentences (الجمل الداعمة)

Add 2–4 sentences that give more information, details, or examples.

أضف 2–4 جمل تعطي معلومات إضافية، تفاصيل، أو أمثلة.

✦ Explain why, give reasons, or describe what happened.

✦استخدم أدوات الربط مثل: because, for example, then, also.

✅ Example: I like reading because it helps me learn new things. For example, I can read stories and learn new words.

أحب القراءة لأنها تساعدني على تعلم أشياء جديدة.على سبيل المثال، أستطيع قراءة القصص وتعلم كلمات جديدة.

3 Concluding Sentence (الجملة الختامية)

End with a sentence that summarizes the idea or shares the writer's opinion/feeling.

اختم بجملة تلخص الفكرة أو تعبر عن رأيك أو شعورك.

✅ Example: In conclusion, reading is an enjoyable and useful hobby for me.

في الختام، القراءة هواية ممتعة ومفيدة بالنسبة لي.

SUPERIOR Abdelbary Ali

Extra Tips (نصائح إضافية)

Stick to one main idea in each paragraph.	التزم بفكرة رئيسية واحدة في كل فقرة.
Use simple, clear sentences.	استخدم جمل بسيطة وواضحة.
Check your spelling and punctuation.	راجع الإملاء وعلامات الترقيم.
Reread to make sure it makes sense.	أعد القراءة لتتأكد أن الفقرة منطقية.

Paragraph Example

Facing challenges helps us grow stronger and more confident.
(Topic Sentence – الجملة الرئيسية)
When we deal with problems, we learn new skills. Each challenge also teaches us something useful about ourselves and the world. Even when it feels hard, not giving up makes us braver.
(Supporting Sentences – الجمل الداعمة)
In the end, facing challenges makes us better prepared for the future.
(Concluding Sentence – الجملة الختامية)

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Exercise on Lessons 5 & 6

①-Read the sentences and complete with the words in the box.

leaves - seed - reminded - remember - watered

My grandfather's vegetable garden taught me about challenges. He gave me a tiny (1)..... to plant in the soil. Every day, I (2)..... it, even when the weather was very dry and sunny. I had to show patience for many weeks. The joy I felt when the first green (3)..... appeared was immense! It (4).....me that good things take time.

②-Choose the correct answer from a, b, c or d:

1. The synonym of "upset" is ".....".

Ⓐ- sad Ⓑ- glad Ⓒ- excited Ⓓ- pleased

1. The teacher gave an important..... about protecting the environment.

Ⓐ- letter Ⓑ- speech Ⓒ- story Ⓓ- song

2. Her story can..... others to follow their dreams and never give up.

Ⓐ- overcome Ⓑ- expect Ⓒ- inspire Ⓓ- grow

3. When I'm not sure about a topic, I do more..... to find the correct information.

Ⓐ- creativity Ⓑ- research Ⓒ- honesty Ⓓ- obstacle

4. Some problems feel like a big..... ,but we shouldn't give up.

Ⓐ- obstacle Ⓑ- research Ⓒ- speech Ⓓ- skill

5. Facing problems helps us..... stronger and more confident.

Ⓐ- give up Ⓑ- feel Ⓒ- grow Ⓓ- make

6. It was a big challenge, but I'm .....I did it.

Ⓐ- discouraged Ⓑ- disappointed Ⓒ- busy Ⓓ- glad

7. Take a deep .....and try to relax.

Ⓐ- skill Ⓑ- mistake Ⓒ- breath Ⓓ- obstacle

8. Omar felt.....before the exam because he studyed very well.

Ⓐ- weak Ⓑ- confident Ⓒ- sad Ⓓ- nervous

9. Amira was ..... when she lost her phone.

Ⓐ- upset Ⓑ- happy Ⓒ- excited Ⓓ- cheerful

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Test on Unit 3

1-Listen and complete with the correct answer:

1. Why did Amal feel proud?

A- Prize B- Travel C- Honesty D- Homework

2. What did Amal use responsibly?

A- Letters B- Tools C- Games D- Books

3. How did Amal affect others?

A- Sad B- Inspired C- Confused D- Ignored

4. What did Amal inspire others to do?

A- Dreams B- TV C- Prizes D- Travel

2-Read the sentences and complete with the words in the box.

proud - determination - solve - solutions - brave

Our team faced a big obstacle. When our best player was injured, we needed to (1)……this problem before the final match. We looked for different (2)…… and changed our plan. With great (3)…… we did our best and won the game. We were all very (4)…… of our teamwork.

3-Choose the correct answer from a, b, c or d:

1- The company …… that they would open a new office next year.

A- guessed B- whispered C- announced D- hid

2- Many people experience a feeling of … when they stand on a very high place.

A- fear B- hunger C- thirst D- boredom

3-After practicing a lot, she felt …… about giving her presentation.

A- nervous B- confused C- shy D- confident

4- She was …… a big challenge.

A- listening B- reading C- looking D- facing

5- Ahmed was sleeping when the loud noise him up.

A- wake B- wakes C- waking D- woke

6- As Amina her homework, the lights went out suddenly.

A- do B- did C- doing D- was doing

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

④- Read the following text, then answer the questions::

Amina wanted to grow a small vegetable garden, but the soil in her yard was very dry. At first, the seeds did not grow, and she felt disappointed. However, Amina decided not to give up. Every day, she watered the soil and moved the plants to a sunnier place. After a few weeks, small green leaves began to appear. Amina felt proud because she learned that hard work and patience can help her overcome challenges.

②- Choose the correct answer from a, b, c or d:

1. When the seeds did not grow, Amina felt .....

Ⓐ- amazed Ⓑ- surprised Ⓒ- happy Ⓓ- disappointed

2. The underlined word " dry " is the opposite of "....."

Ⓐ- bad Ⓑ- boring Ⓒ- wet Ⓓ- fard

②- Answer the following questions:

1. What did Amina want to do?

.....

2. What problem did she face first?

.....

3. What did Amina do to solve the problem?

.....

4. What lesson did Amina learn in the end?

.....

SUPERIOR Abdelbary Ali

⑤- Complete the sentences with the correct form of the word(s) in brackets:

1. My little sister .....(eat) at a restaurant yesterday afternoon.

2. Hana was painting a picture when her friend..... (enter).

3. Did the bell..... (rang) while the kids were eating lunch?

4. At three o'clock yesterday, the kids ..... (play) in the park.

⑥- Complete the following dialog:

Sara has trouble with solving math problems.

Tariq: Hey Sara, why do you look sad?

Sara: (1).....

Tariq: (2).....?

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Sara: I find them hard for me.
Tariq: (3).....?
Sara: No, my mom doesn't help me.
Tariq: How about practicing a few problems every day?
Sara: (4).....
Tariq: (5).....
Sara: I like your suggestion! Let's study together after school.

Story (The little Inventor / Chapter 2):

(7)-Choose the correct answer from a, b, c or d:

2. The children who once laughed at Amal now ..... her hard work and creativity.
(A)- ignored (B)- admired (C)- criticized (D)- questioned

3. The teacher told Amal she showed determination, and ..... .
(A)- honesty (B)- sadness (C)- a bad attitude (D)- great humor

(B)- Answer the following questions:

1-Why did Amal feel proud?
.....

2-What message did Amal's robot give in the fair?
.....

(8)- Write a paragraph of about (110) words on:

"Overcome Challenges"

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

Listening Texts

Test on Unit 1:

Generation Z and Generation Alpha are two young generations in the world today. Gen Z includes people born between 1997 and 2012. Gen Alpha includes children born from 2010 till now. Even though they are different ages, they have some important things in common– they are growing up in a digital world

Test on Unit 2 :

Most websites and apps have settings" to help you control who sees your information. You should check these settings to make sure your privacy is protected. If you don't, your data might be seen by people you don't know.

Test on Unit 3 :

Amal felt proud, not because she won a prize, but because she had expressed herself honestly, used digital tools responsibly, and showed empathy to others. From that day on, Amal inspired others to follow their dreams, express themselves, and help one another.

SUPERIOR Abdelbary Ali

D.M.RAZK موقع الدكتور محمد رزق معلم الكيمياء التعليمي

موقع الدكتور محمد رزق التعليمي

امسح الباركود بالموبيل لتثبيت التطبيق وتحميل كل الملازم مجانا وبسرعه

MR

حمل التطبيق الأن

GET IT ON Google Play

ملازم ابتدائي | ملازم اعدادي | ملازم ثانـــوي | كورسات ونتائج امتحانات

موقع الدكتور محمد رزق
Dr.MoRizK